

Department of Health Philippine Institute of Traditional and Alternative Health Care
CY 2023 Programs and Projects (MFOs and HPPs)

| Major Final Output | Programs and Projects | Other Details |
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| ❖ RESEARCH AND DEVELOPMENT | 1. A Listing of Medicinal Plants for COVID-19 for Community Use | Soft lunch was held during the Research Dissemination Forum on December 7, 2023, via Zoom Webinar, for printing in 2024 |
| | 2. Assessment of the Bioactivities of Plant Foods Consumed by the Locals in the Different Regions of the Philippines, Year 3 | Presented on the 5th Research Dissemination Forum on December 7, 2023 |
| | 3. Profiling Survey of Traditional and Alternative Health Care (TAHC) Practitioners in the Philippines, Phase 3 | Presented on the 5th Research Dissemination Forum on December 7, 2023 |
| | 4. Conservation and Sustainable Utilization of Selected Medicinal Plants Year 3 | Presented on the 5th Research Dissemination Forum on December 7, 2023 |
| | 5. Ethnopharmacological Investigation of Selected Medicinal Plants Used by the Mamanwa and Subanen Indigenous People of Mindanao: "Anti-oxidant, Anti-inflammatory, and Anticancer Potential Activities, Year 2 | Presented on the 5th Research Dissemination Forum on December 7, 2023 Presented and won first place in the Research Poster Contest- Professional Category during the 16th Philippine National Health Research System (PNHRS) Week Celebration last August 2023 |

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| | 6. Current Status and Review of Cases of Herbal Preparation Use in the Philippines | Presented on the 5th Research Dissemination Forum on December 7, 2023 |
| | 7. Determination of the Nutritional Profile, Bioactivity, and Probiotic Potential of Rice Wine and Fermented Rice Leftover (Lees) from the Cordillera Autonomous Region Using In Vivo Mode | Presented on the 5th Research Dissemination Forum on December 7, 2023 |
| | 8. Development of Clinical Practice Guidelines (CPGs) on Acupuncture for chronic low back pain and chronic migraine | Presented on the 4 th R&D Dissemination Forum last September 30, 2022 |
| | 9. DOH Approved Herbal Medicines: The Next 10 Halamang Gamot | On-going Technical Review |
| | 10. Survey on the Utilization of Traditional and Complementary Medicine (T&CM) as Alternative Health Care Strategies among Filipino Households | NOA was awarded on December 29, 2023 |
| | 11. Herbal Medicine Access through Community Herbal Gardens: A Pilot Study | Approved last September 26, 2023 |
| | 12. Development of CPGs for T&CM modalities and evidence for HTAC evaluation | Consolidated technical review awaiting the revised proposal from the proponent |
| | 13. A Descriptive Study of Sacred Healing Places in Visayas | For the update of Line-item-Budget (LIB) |

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| | | Proposal undergoing revision based on technical reviewer |
| | 14. Healing Interventions from Local Traditions: A Program to Implement a National Standard (HILOT-PINAS) | Recommending approval signed on Nov 30, 2023 |
| | 15. TaMaHRRiND (Traditional Medicine Health Records and Reports in the National Government Databases): Developing an Electronic Medical Record (EMR) Prototype for Traditional Medicine/Complementary and Alternative Medicine (TM/CAM) in the Philippines | Recommending approval signed on December 29, 2023 |
| | 16. Feasibility study and marketing research for Development of PITAHC e-reference materials | On-going market survey |
| | 17. Development, Printing, and Publication of "A Listing of Medicinal Plants or COVID-19 for Community Use" | Notice of Award awarded last December 29, 2023 |
| ❖ TECHNICAL AND ADVOCACY SERVICES | 1. Implementation of PITAHC 5-year Corporate Communication Plan a. Development of concept notes, campaign plans and social media cards | <ul style="list-style-type: none"> ● PITAHC Seal of Excellence ● Herbal Medicine Access Program ● Acupuncture ● Herbal remedies |
| | 2. Training, Education including academic programs | |

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| | <p>a. Community-based training on Patnubay sa paggamit ng halamang gamot, Ear Acupuncture and Tuina Massage</p> <p>b. Basic and Advance Acupuncture Training</p> <p>c. PITAHC Training Program for Family Health Physicians</p> | <ul style="list-style-type: none"> ● One Hundred Ninety-Five (195) community-based training conducted nationwide for BHWs, primary health care providers in various GIDA areas; ● Nineteen (19) Basic and Advanced Acupuncture training conducted in CHDs and DOH-retained hospitals ● Training Program/Curriculum development for Family Health Physicians to create a critical mass of doctors trained on traditional and complementary medicine |
| | 3. Traditional and Alternative Health Care Congress | 15 th TAHC Congress held last November 15-16, 2023 at The Manila Hotel with the theme “The Health for All: Integration of Traditional Medicine into Universal Health Care” |
| | 4. 5 ^h Hospital Congress | Held last September 6-7, 2023 in Dapitan City, Zamboanga del Norte with the theme “Bridging the Gap between Western and Traditional and Complementary Medicine” as a venue for discussion and review strategic health policies and operational issues concerning establishment of TAHC Centers in DOH-retained hospitals as well as private hospitals for the management of common health conditions and development of models of best health care delivery practices on T&CM. |

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| | 5. Establishment of T&CM Centers | <ul style="list-style-type: none"> There thirteen (13) established TAHC Centers all over the Philippines as of August 2023. |
| | 6. PITAHC Seal of Excellence (SOE) | <ul style="list-style-type: none"> Held last July 6, 2023 at the Seda Vertis North |
| ❖ Regulation of Traditional and Alternative Practice | 1. Formulation of Competency Standards, Implementing Guidelines for the National Certification and Accreditation of Traditional and Complementary Medicine Publication | <ul style="list-style-type: none"> Hilot Chiropractic |
| | 2. Certification and Accreditation of T&CM Practitioners, Clinics, Training Centers and TAHC Organizations | <ul style="list-style-type: none"> 331 (100%) applications acted upon 243 (New/renewal) practitioners available to the public |
| | 3. Monitoring of T&CM Practitioners, Clinics, Training Centers and TAHC Organizations | <ul style="list-style-type: none"> 52 T&CM Practitioners, Clinics, Training Centers and TAHC Organizations monitored |
| | 4. LG3U Orientations | <p>5 LGU Orientations conducted in the ff:</p> <ul style="list-style-type: none"> Region III (Bataan) Region IV-A (Batangas) Region X (Cagayan De Oro) Region V (Camarines Sur) Region XI (Davao del Sur) |
| | 5. 4th Regional Hilot Congress | Held in Silang, Cavite last October 26-27, 2023, the activity aims to recognize the important roles and contributions of Hilots, traditional healers and Indigenous peoples in preserving the tradition and culture that embody the practice of Hilot as a mode of |

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| | | treating illnesses and promoting the health and well-being of the local populace in consonance to relevant provisions of the Universal Health Care Law. |
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| Herbal Processing Plants | Programs and Projects | Other Details |
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| <p>◆ Tuguegarao, Tacloban and Davao Cities</p> | <p>1. Production of Quality and Affordable Herbal Medicines and Herbal Products</p> | <ul style="list-style-type: none"> • <u>3,530,000,000</u> tablets of Herbal medicines (Lagundi, Sambong and Ulasimang Bato) produced • <u>51,656</u> pieces of Herbal soaps produced |
| | <p>2. Product development</p> | <ul style="list-style-type: none"> • Ulasimang Bato 500 mg tablet as anti hyperuricemia/anti gout was developed/manufactured and submitted to FDA for product registration • 600 mg Lagundi tablet and Tsaang Gubat trial formulation • Hotel-size herbal soaps |

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| | | <ul style="list-style-type: none"> • Bayabas hand wash and Citronella mosquito repellent spray |
| | 3. Technical Assistance | <ul style="list-style-type: none"> • Extended technical assistance to students and post-graduate researchers; • Affiliation of Pharmacy students to the HPPs soap and herbal medicine production |
| | 4. Bioassay services | <ul style="list-style-type: none"> • Conducted bioassay services for Lagundi, Sambong raw materials of Tacloban HPP and other private individuals/schools/universities |